# NIPIGON DISTRICT FAMILY HEALTH TEAM

Annual Report



### HUMAN RESOURCES

Our FHT has been through various staffing changes over the year and expanded our team to meet the needs of our clients.

# COVID AND THE FHT

The primary focus of our programs and services have been revised to ensure adequate social distancing is maintained.

# PARTNERS

We have worked in collaboration with TBDHU, Municipal leaders, First Nations as well as Ministry of Education during the prior year.

# HIKE FOR HEALTH

Nipigon District Family Health Team has continued to support the Annual Hike for Health. During the year our Team engages with the Planning Committee and we try to support a healthy lifestyle for families in our area.





# NDFHT ASSESSMENT CENTRE

Over the past year our Assessment Centre has gone through tremendous changes and additions. In the Fall we had staffed the Assessment Centre with our FHT Interdisciplinary Health Professionals. When in-class learning resumed in September our Assessment Centre performed many PCR swabs. This workload in turn was felt between our Team, the laboratory staff, housekeeping, physicians office as well as transportation of swabs to processing laboratories.

During the winter months our Assessment Centre was approved for funding through Ontario Health and we were able to support the Centre with administrative needs as well as additional nursing support. We have also added the equipment to perform rapid antigen testing to provide efficient results to patients requiring them sooner. We also provide the rapid antigen testing for the staff of NDMH.

#### OUR SENIOR POPULATION

With the increase in isolation brought on by Stay at Home orders and the increase in COVID cases in our area, we have talked with many seniors who have expressed an increase in depression and anxiety. We have been working on new programs to incorporate new ways of communication for seniors in our area. Our Team has also been involved in training programs to work towards a Seniors Friendly program with the help of Dr. Lee and her work with the Memory Clinic.

> The best vaccine is the one in your arm.



During the year our Team has given immunizations ranging from influenza, to shingrix and most publicized, COVID. Partnering with Thunder Bay District Health Unit our team has administered 2831 COVID vaccinations as of June 22, 2021.



# NDFHT ACCESS

With the recent addition of the Assessment Centre to our Team we have been fortunate enough to utilize space to efficiently see our patients in a disinfected clean area. Access is easier for patients and maintains confidentiality as well as keeping possible exposure to close contacts and possible positive COVID cases out of the hospital setting. We work closely with our physicians as well as our Public Health Nurse from the Thunder Bay District Health Unit.

With the increase in staffing we are able to provide better coverage for nursing support as well as administrative support.



### OUR TEAM

During the past year our Team have transitioned from working from home to working in office. We have taken a Team approach and provided screening and Assessment Centre to slowly integrating primary care programs back into our regular days. We have accommodated schedules to provide for more time in between patients and adequate time to properly disinfect and clean. Continuing to work during the extremely challenging year has brought many positive changes to how our workdays flow.



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