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Strategic Plan 2020-2023

Strategy Performance Report Fiscal 2022-23 Q1 / Q2/Q3 (Board Mtg. Feb 28, 2023)

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Strategic Pillar 3, Outpatient

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INTRODUCTION

Patient/resident and family centred care is an approach that guides all aspects of planning, delivering and evaluating services. The focus is always on creating and nurturing mutually beneficial partnerships among the organization's staff and the patients/residents and families we serve.

Providing patient/resident and family centred care means working collaboratively with patients/residents and their families to provide care that is respectful, compassionate, culturally safe, and competent, while being responsive to their needs, values, cultural backgrounds and beliefs, and preferences.

Patient/Resident and Family Centred Care is the philosophy that guides us, with "*patients, residents and their families at the centre of everything we do.*" It is based on the core concepts of dignity and respect, communication and information sharing, and collaboration and participation.

Patient/Resident and Family Centred Care shapes our values, structures and behaviors and we have embedded it into our organization through various actions, including having patient, resident & family advisors engaged in all quality opportunities, system changes and decision making forums.

Our Quality Healthcare Framework is a natural progression in advancing Patient/Resident and Family Centred Care by ensuring decisions, initiatives, and actions are focused on enhancing quality healthcare. It outlines definitions, guiding principles, enablers and drivers key to develop and sustain an integrated quality structure, accountability, systems, processes and improvement strategies to ensure an excellent experience.

To ensure an excellent patient/resident experience we will provide quality health care that is safe, effective, patient/resident family centred, efficient, timely, and equitable.

We are committed to aligning our actions and priorities to our Strategic Plan.

HOSPITAL

- **Vision** Partnering for a healthier tomorrow to improve the quality, safe and experience of care.
- **Mission** The Hospital delivers excellence in rural health care with our partners for all residents in our communities.
- Values Patient and Family Centred
 - Integrity
 - Respect
 - Accountable

Philosophy Patients and their families are at the centre of everything we do.

LONG TERM CARE HOME

- **Vision** That each resident enjoys safe, effective and responsive holistic care that helps them to achieve the highest potential quality of life and experience of care.
- **Mission** The Home delivers excellence in holistic care, within a resident and family focused framework.
- Philosophy of Care Nipigon District Memorial Hospital's Long -Term Care Unit is committed to providing compassionate interdisciplinary care to persons in need of our services in an atmosphere of respect for the dignity, spiritual and cultural values of each resident. We strive for excellence in the provision of a quality of life and care for our residents ensuring that their medical, emotional, physical, and social needs are met, while encouraging each resident to maintain an optimal level of functioning in all dimensions of life.

We value our employees and volunteers and are committed to a healthy, safe, productive and enjoyable work environment.

LEGEND

Not yet Initiated	In Progress	Completed

STRATEGIC PILLAR 1

PEOPLE

Invest in Our People

RECRUITMENT AND RETENTION								
TARGET 1	Increase Morale							
		Q1	Q2	Q3	Q4			
Flexible hours of work				Completed				
Team buildir	ng exercises			Ongoing				
Work at hom	ne options for senior leaders			Completed				
Ensure consistent Attendance Awareness Program				Completed				
OHA's Small Hospital 50 th percentile Benchmarking				Completed				
data review								

Q1, Flexible Hours of Work

- Staff who were able to flex their hours will be offered the opportunity
- A Letter of Understanding was completed with UNIFOR permitting business office to work a compressed work week

Q1, Work at Home Options

- The option to work from home will be exercised by the Chief Nursing Executive/Chief Operating Officer, and Chief Financial Officer. Given the working environment at NDMH, Senior staff experience many interruptions in their working day. Working from home is recognized to be a valuable strategy, in particular for time sensitive work.
- Staff who were "away", when the pandemic was declared, and required a mandatory 14 day isolation prior to returning to work, who were able to perform their duties off site, were afforded the option to do so.

• Staff who were not required to be on site to perform their work responsibilities were identified and a plan is in place for these staff to work from home, pending outbreak status in Northwestern Ontario and direction from Thunder Bay District Health Unit and the provincial government.

Q2, Work at Home Options

 Memo regarding staff plans for children returning to school included the need for a contingency plan for caregiver responsibilities recognizing that a contiingency plan may be challenging in these times. right now. Options available for staff will be considered on an individual basis depending on need, role, operational demands and employment legislation and/or collective agreements. Alternatives may include reduced FTE, flexible schedules, modified shifts or hours of work, short term remote work, unpaid time off or leave of absence.

Q2, OHA's Small Hospital 50th percentile Benchmarking data review

• Benchmarking was undertaken for the 4 managerial positions (Lab, Nursing, Dietary and Facilities) in order to identify the external market rate for each of these positions and to create appropriate wage grids.

RECRUITMENT AND RETENTION							
TARGET 2	Decrease sick time and over time						
		Q1	Q2	Q3	Q4		
Apply incent	ives for staff attendance			Completed			
Review working schedules Completed							
Ensure consistent Attendance Awareness Program				Completed			
Reach out to other organizations for effective Completed							
measures							

Q1, Apply Incentives for staff attendance

- Twice per year, Q1/Q2 (Apr 1 to Sep 30) and Q3/Q4 (Oct 1 to Mar 31,) those staff who have had fulfilled all of their scheduled shifts during the draw cycle will have their names entered into a draw for a 7.5 hour day off with pay. The Hospital has applied this initiative since October 1, 2019.
- Staff excluded from the incentive include those not scheduled to work during a Quarter.
- Marleen Napady, PSW received a 7.5 hour day off with pay for Q1/Q2 2019/20
- Kathy Buckley, MRT received a 7.5 hour day off with pay for Q3/Q4 2019/20
- This incentive will be trialed for one year and reviewed in September 2020.

- A review and revision of the work of the PSW on night shift was completed and amendments circulated.
- Leadership has been asked to congratulate and acknowledge staff verbally or by card or certificate
- Worklife pulse results have been circulated and Managers are validating and creating action plans to address areas with identified improvement opportunities

RECRUITMENT AND RETENTION								
TARGET 3	Safety is a priority for NDMH. We will provide a safe environment for our patients, residents, staff, partners, learners and physicians.							
		Q1	Q2	Q3	Q4			
Develop a Workplace Violence Action Plan								
Identify gaps in current Workplace Violence Risk								
Assessment								
Initiate a Wo								
including a bo	pard member							

Q1, Develop a Workplace Violence Action Plan

- A review of the Hospital's existing Workplace Violence/Harassment Prevention Program was undertaken.
- Public Services Health & Safety Association's Workplace Violence Prevention Program (in partnership with the Ministry of Labor) was reviewed. Focus areas were identified and a work plan was created. The workplace violence prevention requirements of other organizations was also reviewed and includes Ministry of Labor, Ontario Nurses Association, College of Nurses of Ontario, Occupational Health & Safety Act, Health Quality Ontario, UNIFOR, and Registered Nurses Association of Ontario
- A open invitation was made to all staff to join a Workplace Violence Prevention Committee with no response.
- Signs were put up throughout the facility identifying zero tolerance of abuse to staff

Q1, Initiate a Workplace Violence Prevention Committee (including a board member)

• Robert Beatty, Board Director has been recruited for the Steering Committee

Q1, Identify gaps in current Workplace Violence Risk Assessment

- Seclusion Room funding received from the NW LHIN and construction completed
- Safety Plans are now in place for staff identifying an actual or potentially unsafe situation and staff, Management and OH&S sign off in agreement to the plan

Q2, Initiate a Workplace Violence Prevention Committee including a Board member

- Confirmed current Health and Safety Committee members' commitment to the work of the Committee. Appoint members to the Workplace Violence Prevention Committee and assign focus area according to work plan.
- Sample Terms of Reference reviewed and amended for NDMH from PSHSA's Workplace Violence Prevention in Health Care Leadership Table

Q2, Identify gaps in current Workplace Violence Risk Assessment

- NUR 38, Seclusion Room Protocol finalized. Education pending
- OHS 31, Flagging Process for Patient Exhibiting Acting Out Behaviour revised. Education pending
- Code Silver, Code White and Code Purple revised. Education pending.
- OHS 26, Robbery revised. Education pending.
- Developing on line reporting through Surge for Employee Incident Reporting
- Initiate education on James Reason's Culpability theory to support a culture of safety
- Screening relocation to decrease risk to screeners
- Police policy implemented
- Safety check in process for Assisted Living Program staff

IMPROVED STAFF, PATIENT AND PHYSICIAN SATISFACTION RATES						
TARGET 1	Improve Technology					
		Q1	Q2	Q3	Q4	
Complete an Information Technology (IT) review at Comp			Completed			
Nipigon Hos	pital					
Complete a	Request for Proposal for IT needs at		Not			
Nipigon Hos	pital		being			
			initiated			
Contract wit	h Northern Computers to cover IT needs				Will be	
identified in	review of IT				completed	

Q2, Contract being developed to improve IT/IS

- Recommendation of report being implemented in contract
- Objectives being established
- Contract to be signed in Q3
- Projects included in contract with timeline

IMPROVED STAFF, PATIENT AND PHYSICIAN SATISFACTION RATES							
TARGET 2 Offer ongoing educational activities							
		Q1	Q2	Q3	Q4		
Mental Heal	th Education - March			completed			
Hospice Trai	ning – Jan			completed			
PSW Person Centred Training –				completed			
Staff to spend time with TBRHSC Staff in ER, AMH				On site with			
and PICU				mannequin			
(This Plan ha	s been changed to In House						
Education)							
Root cause a	inalysis training (ISMP)– March			completed			
Helipad Training				completed			
Indigenous C	Culture Safety Training			completed			
Nursing Edu	cation Plan refresh			Pending			
				implementation			

Q1, Mental Health Education

- NUR 15, Mental Health Standard of Care for the Adult Patient was approved in May 2020
- A Mental Health Satisfaction Survey is being developed
- A Risk Manager and Lawyer educated staff and Physicians on form1, restraints and capacity in relation to treatment (HIROC)

Q1, Hospice Training

• January

Q1, PSW Person Centred Training

- 2 staff sent to training in January 2020
- Q1, Root Cause Analysis Training
 - Root cause analysis training provided by the Institute for Safer Medication Practice was arranged and cancelled due to COVID-19

Q1, Indigenous Culture Safety Training

- All staff are required to successfully complete the 4 Part Series on Cultural Competence and Indigenous Cultural Safety via Surge Learning. The content includes:
 - Introduction

- Knowledge and Application
- Indigenous Cultural Safety in Health Care (Key Terms and Historical Context)
- Indigenous Cultural Safety in Health Care (Social Determinants and Culturally Safe Care)
- 49% successful completion at end of Q1
- San'yas on line training offered to staff with 8 participants taking part
- Judy Harvey's Fellowship document, Advancing Patient and Family Centred Care During End of Life for the Indigenous Persons and Their Families at NDMH

Q2, Indigenous Culture Safety Training

• 60% successful completion of 4 Part Series on Cultural Competence and Indigenous Cultural Safety via Surge Learning at end of Q2

Q1, Nursing Education Refresh

- Complete review/revision of Ward Clerk orientation. All Ward Clerks have successfully completed the orientation.
- Completed review/revision to RN, RPN and PSW orientations to include all nursing departments (Acute Care, ER and Long-Term Care). Education pending.

Q2, Nursing Education Refresh

- Annual Nursing Education Plan in draft
- Acting Nurse Educator hired
- Utilizing Surge Learning software's Policy Professional and the development of nursing education

IMPROVED STAFF, PATIENT AND PHYSICIAN SATISFACTION RATES								
TARGET 3	TARGET 3 Inter-professional team development							
	Q1 Q2 Q3 Q4							
Move team	Move team together in clinic							
Attend inte	r-professional team webinar		complete					
Develop Te	rms of Reference for meetings							

Q1, Inter-professional Development

- One office shared by NP, RN and RPN in the Family Health Team Office
- Process reviews conducted and well attended by all Inter-professional staff
- Urgent care collaborative between Physicians, FHT and NDMH

• Review of the Strategic Alliance agreement with TBRHSC and NDMH

Q2

• Terms of reference put on hold due to competing priorities

SUCCESS CRITERIA

- Recruitment and retention
- Improved staff, patient and physician satisfaction rates

STRATEGIC PILLAR 2

INPATIENT

Build seamless transitions and provide integrated quality and safe health care and experiences of care.

INTEGRATE THE HOSPITAL AND FAMILY HEALTH TEAM AS PART OF ORGANIZATIONAL TRANSFORMATION

TARGET 1	Design integrated governance structure				
		Q1	Q2	Q3	Q4
Develop an ir	ntegrated model with new by-laws			separate	
Develop a corporate integration document and				separate	
integrated or	ganizational structure				
Engage a lab	our lawyer and insurance company			Not	
				required	
				unless	
				pursue	
				integration	

INTEGRATE THE HOSPITAL AND FAMILY HEALTH TEAM AS PART OF ORGANIZATIONAL TRANSFORMATION						
TARGET 2	Develop service agreements					
		Q1	Q2	Q3	Q4	
Pending out	come of level of integration					
Establish a list of desired outcomes for integration first and then agreements based on this as well as input from labour lawyer and insurance (HIROC).						

No integration was pursued. New contract signed Dec. 2022

COORDINATE SEAMLESS DELIVERY OF CARE BETWEEN THE FAMILY HEALTH TEAM AND THE CLINIC

TARGET 1	Build Relationships				
		Q1	Q2	Q3	Q4
	o enhance operations between the FHT				
and the Clinic					
Collaborate v	vith the Township on supportive housing				
options					
Partner with	our Indigenous partners				
Work with O	PP(all police divisions) on hand over of				
care					
Representati	on at Situation Table			complete	
Incorporate I	North of Superior Programs in daily referral			Onhold	
pattern (Mor	nday to Friday)				

Q1, Collaborate to enhance operations between the FHT and the Clinic

• Urgent care is agreed upon between parties

Q1, Collaborate with the Township on supportive housing options

- Meeting planned with developer, cancelled due to COVID
- Tcon held with potential developer Oxford
- Q1 Handover of Care meeting with all police divisions
 - Discussed Term of reference
 - Discussed process to establish

Q1, Representation at Situation Table

• Brought a concern to situation table that resulted in a plan for a mental health patient that presented a risk to NDMH/FHT and the community

Q2, Partner with our Indigenous partners

- Indigenous Advisory Committee formed
- First Indigenous Day held
- On Sep 2, 2020 senior leadership met with Indigenous partners to discuss the provision of health care services, in remote areas, in culturally appropriate ways.
- Engagement on the LTC submission

• Indigenous end of life order set implemented

Q2, Transportation

- Meeting with LHIN to discuss stable patient transfer options for NDMH
- Participating in strategic planning for EMS
- Application for PSW to cover unit when transfers are required

Q2, Representation at Situation Table

 A situation table is a strategic alliance of human services, guided by common principles and processes in order to mitigate risk situations in a timely manner, usually within 24-48 hours. Nurse Manager has met the requirements (education / certification) in order to participate at the Situation Table.

Q2, Handover of Care meeting with all police divisions

- Draft MOU is established and second meeting held to review Terms of Reference for committee with all police divisions, Dilico and NOSP on hand over of care
- Indicator development and objectives established

COORDINAT	E SEAMLESS DELIVERY OF CARE BETWEEN THE	FAMILY	HEALTH	TEAM AN	ND THE
TARGET 2	Reorganize patient flow				
		Q1	Q2	Q3	Q4
	pportunity to address Urgent Care and urgent between the FHT/Clinic/ER Department				
Assess feasibility of FHT to take over Urgent Care with Nurse Practitioner				NDMH	
Assess reno flow	vation to Acute/LTC and possibility to improve				
Seek IT solut	tion to share information			OHT	
Integration a	agreements				

Q1, Flow of Patients

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- Solidified hours of operation
- Hired a Coordinator

- Space reviewed for improvement
- Increased clients accessing program
- Built partnership with PACE and NOSP
- NOSP office moved on site

COORDINATE SEAMLESS DELIVERY OF CARE BETWEEN THE FAMILY HEALTH TEAM AND THE CLINIC

TARGET 3 Facilitate shared access to patient information						
Q1 Q2 Q3 Q4						
Facilitate ac	cess to shared Medi Tech			Complete		
Dedicated w	ork stations			Complete		
Transportati	on issues addressed with EMS			Complete		
Discuss opti	ons for staffing (PSW)			Not		
				actioned		

Q1, Urgent Care

- Partnership with FHT, Physicians and NDMH
- Hours solidified and shared with public
- Collaborated with Physicians and FHT
- Plan and space created for NP led urgent care declined by Physicians

Q2, Integration Agreements

- Strategic Alliance Agreement reviewed and updated with TBRHSC
- Established process for review of Integration agreement between NDMH and NDFHT

MENTAL HEALTH AND ADDICTIONS EXCELLENCE							
TARGET 1 Mental Health patients report greater access to care							
		Q1	Q2	Q3	Q4		
Establish wai	t time data (from time of referral, to time			Under			
of psychiatry consult) review							
Establish sati	sfaction survey			complete			

Q1, Mental Health Education

- NUR 15, Mental Health Standard of Care for the Adult Patient was approved in May 2020
- A Mental Health Satisfaction Survey is being developed

WAIT LIST FO	WAIT LIST FOR LONG TERM CARE DECREASED BY 50%						
TARGET 1	Explore increase in long term care bed	-	expansi	on, or movin	g		
	Complex Continuing Care beds, or bot	<u>າ</u>	_		-		
			Q2	Q3	Q4		
Business Cas	e to change Complex Continuing Care			Completed			
beds to Long	Term Care beds						
RFP for Archi	tect			Cor	npleted		
Accessibility	Survey			Cor	npleted		
Long Term C	are Application for Expansion			Cor	npleted		
Examine fun	ding for moving Acute Care beds and			Pre-capital			
adding Long	Term Care beds			submission			
				draft			
				completed			

SUCCESS CRITERIA

- Mental Health and Addictions excellence
- Increase the number of Long-Term Care spaces

STRATEGIC PILLAR 3

OUTPATIENT

Build seamless transitions and provide integrated quality and safe health care and experiences of care

MENTAL HEALTH AND ADDICTIONS EXCELLENCE					
TARGET 1	Inter Professional Team development				
		Q1	Q2	Q3	Q4

Interprofessional Team development			
Implement Interprofessional team rounds			
Identify communication strategies for the team with other			
Allied Health Professionals			
Relocate FHT and NP		Completed	

MENTAL HEA	ALTH AND ADDICTIONS EXCELLENCE				
TARGET 2	Successful recruitment of FHT Social Worker				
		Q1	Q2	Q3	Q4
Recruitment initiated. Complet		npleted			

Social worker hired in Q4, 2019/20, but position became vacant in Mar 2020.

MENTAL HE	ALTH AND ADDICTIONS EXCELLENCE				
TARGET 3	 Suboxone Program Rapid Access to Addiction Medications (I 	RAAM) P	rogram		
	·	Q1	Q2	Q3	Q4
Suboxone Pr	ogram submission to Ministry - approved			Cor	npleted
RAAM Progr	am initiated		Completed		
RAAM Progr	am development and expansion				

Rapid Access to Addiction Medications Program commenced in Q4, 2019/20

MENTAL HEALTH AND ADDICTIONS EXCELLENCE							
TARGET 4 LHIN mental health strategy implementation							
		Q1	Q2	Q3	Q4		
Attend ment	al health design event – Mar 31, 2020			Con	npleted		
Attend local	design event		Completed				
Seclusion Ro	om			Completed			

Seclusion Room funding secured prior to March 31, 2020.

Q2, Seclusion Room

• NUR 38, Seclusion Room Protocol finalized. Education pending Increase Access to Mental Health Services

- Police Hospital Transition Group formed and terms of reference established
- Mou under development for all Northshore and all Police departments
- Indicator development to occur in Q3

WAIT LIST FOR LONG TERM CARE DECREASED BY 50%

TARGET 1Increase capacity through Assisted Living Program and supportive housing
initiatives

Assisted Living Program increase in services	Completed
Increase staff	Completed
Meals on Wheels Program	Completed
Implement contract	MOU
	signed

Q1, Business Case

- Investigate conversion of Complex Continuing Care beds to LTC
- Involve Ministry of Health and Long-Term Care and the LHIN

Q1, Long Term Care Application

• Application process initiated

Q1, Assisted Living

- Added a fourth line to schedule and hired 4th staff
- Added a satisfaction survey schedule
- Created a contract that 100% of Assisted Living clients will sign re: payment and obligations
- Ensured baseline orientation to all staff
- Implemented replacement process through staffing and wellness checks
- Q1, Meals on Wheels
- Utilizing the Assisted Living Program staff, the program was expanded to serve people in the communities of Nipigon, Red Rock, Dorion and Hurkett. (Previously only meals were delivered in Nipigon with the use of community volunteers.) At end of Q1, 7 clients were receiving Meals on Wheels.

- Q1 Transportation
 - Identified gap in service. Participated in Strategic Planning with EMS
 - Teleconference with the LHIN re: service opportunity

Q2, Business Case

- Service Change request to indicate we are no longer providing Complex Continuing Care level of care submitted to the LHIN
- Business Case submitted to the Ministry of Health and Long-Term Care

Q2, Long Term Care Application

• Application submitted to the Ministry of Health and Long-Term Care Sept 2020

Q2, Meals on Wheels

• At end of Q2, 14 clients were receiving Meals on Wheels.

Q2, Transportation

• Teleconference with the Ministry to discuss data and opportunity to host a stable patient transport service at NDMH

SUCCESS CRITERIA

- Improve/expand Assisted Living Program
- Improve transportation